

Organization	Contact Information	Services Offered	Testing	Language	Insurance	Take new PT?
Abbott Hospital	612-863-4000 General  612-863-8633 Assessment and referral  612-863-4037 Inpatient adolescent behavioral health  612-863-3307 Partial program info line for adolescent behavioral health	Inpatient adolescent: crisis unit, for stabilization of crisis or behavior, help connecting to further resources  Child adolescent partial program: acute short stay, 1-2 weeks, programming from 9am- 3pm, family arrange transportation, tutor available if part of Mpls schools. Intake line: 612-863-3307. Fax referral, insurance information, and clinical picture to 612-863-2091.	Mental health, psychological, chemical health testing	Interpreters available upon request.	Call 612-863- 8633 for insurance and billing questions.	Inpatient taking new patients at this time.  4 Providers
Allina Mental Health Clinic	Abbott Northwestern Hospital 612-863-5327 Press 2 for appointment or 0 to speak with someone  Clinic hours  Monday to Thursday: 8 a.m. to 4:30 p.m. Friday: 8 a.m. to 3:30 p.m.  Evening appointments are available upon request	Medication management and child psychiatry for children age 5-17	Diagnostic assessment	Can request an interpreter to make or attend appointments.	Accept most insurance. Underinsured discount of 21%.	Taking new patients now. Appointments in early April.  4 Providers
Amplatz Children's Hospital	612-672-6600 inpatient  800-233-7503 all programs	Inpatient—intensive therapy  Crisis services admission— suicidal, homicidal, psychotic In danger to self or others, or failure of outpatient program for chemical dependency	Mental health and chemical health evaluation	Can request an interpreter	Viewed as an emergency admission, always accepted. Once admitted,	Don't have a waiting list. Come in through Emergency Room. If there are no beds available and

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		Child psychiatry for children age 7-18			contact insurance for authorization. Connect families to services for uninsured.	family supports decision, patient can sleep in Emergency Room to wait for a bed to open up. 8 child psych providers
<p>Amplatz Children's Hospital</p> <p>* Some offsite services are under University of Minnesota Medical Center</p>	<p>612-672-2736 day programs, outpatient, lodging</p> <p>800-233-7503 all programs</p> <p>Behavioral intake office University of Minnesota Fairview</p>	<p>Day and partial hospitalization therapy programs; less restrictive alternative to inpatient; Dual diagnosis—mental health and substance abuse; Lodging plus—residential for teens in substance abuse treatment who don't require inpatient; Stabilization and recovery management programs—revisit skills learned, manage how treatment fits into school, home, or social life, reinforcing new behaviors</p> <p>Day Treatment: typically around 3 hours of programming per day, 5 days a week</p> <p>Partial: typically 5 hours of programming, 5 days a week</p> <p>For children 1<sup>st</sup> grade to 12 years old: Mental health day treatment and partial services</p> <p>For adolescents for 13-18, still in high school: Adolescents mental</p>	Mental health and chemical health evaluation	Can request an interpreter	Accept most insurance. Chemical dependency services require consolidated funding (process through the county). Uninsured families will work with business office.	Not taking new pt, all referrals are close at this time.

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		health, day treatment, partial, dual diagnosis day treatment, chemical dependency treatment  Lodging: chemical dependency program for children under 18				
Associated Clinic of Psychology	612-925-6033	Psychiatric providers. Medication management and therapy. 1 <sup>st</sup> appointment: psychological evaluation, 2 <sup>nd</sup> appointment: testing, 3 <sup>rd</sup> appointment: feedback, test results	Psychological Evaluation ADHD Mental health testing	Request interpreters as needed	Must have insurance. Accept most insurances including MA.	Wait is 1 week for therapy. Wait is 6 weeks for medication.
Behavioral Health Services	651-662-0800 <a href="http://www.bhsiclinics.com">www.bhsiclinics.com</a> Various Locations Many Providers (psychiatry, psychology, therapy)	Child and Adolescent Psychiatrists: Bryan Bergh—Eagan; Anupama Chauhan—Golden Valley; Susan Erickson—Shakopee; Kim Holtmeier—Golden Valley; Mark Kerekes—Fridley	Intelligence testing (e.g. Wais-4, Wais); MMPI  Several cognitive testing providers; One neuropsych provider in North St. Paul	Kim Tong Interpreter service; PT needs to request interpreter	Accept most insurances including MA. Can qualify for reduced payment with no insurance.	Wait time is 3 weeks for therapy. Must be working with therapist at BHSI to qualify for psychiatry. Wait time is 6-8 weeks for Psychiatry
Canvas Health	651-777-5222 Clinics in Oakdale, forest lake, Stillwater, cottage grove, MPLS. And W. St. Paul	Psychiatry services offered to Canvas Health therapy clients. Two outpatient child psychiatrists on staff.	Need to see a child outpatient therapist first, then can be seen by child outpatient psychiatrist	English & Interpreter service	Most insurance accepted. Sliding fee scale for Washington county residents.	Not accepting new patients at this time. Must be Canvas Health therapy client first.
Children's Hospital	651-220-6894 8:30am-5pm M-F	Children and adolescent psychiatry and psychological		Can request an interpreter	Accept a variety of	Closed to all referrals at this

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Psychiatry and Psychological Services of St. Paul	Press 2 to make appointment	services.			insurance plans but not all.	time.
Children's Crisis Team	612-348-2233	Individual, family members or community providers can call crisis line if they are someone, with someone or know someone who is experiencing a crisis. Patient must be under 18. When a call is made, they will de-escalate the situation, offer resources and referrals, and determine if a visit is needed. Workers can go out to the child (home, school, or anywhere within Hennepin County) with parent/guardian approval (except in life threatening situation). When the worker arrives, they will speak with parent and child to gather information, do a crisis assessment, and look for criteria for hospitalization. The patient will go to the hospital or the worker will do safety planning, problem solving, identify resources for family, and offer short term stabilization services (provider meet 4x in the home with family, help with referrals, if ongoing services are needed).	Crisis assessment, can refer to community resources for testing.  Professional diagnostic	Interpreters upon request	Under 18, must be in Hennepin County (resident, homeless, or visiting, must be in the county at the time of the crisis)	24/7 Crisis team can go out 24 hours a day, like COPE for kids
Dr. Thomas	651-788-5666	Private practice for child and			Accept most	Limited

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Converse Private Practice	952-225-0759  Practice Hours: 9AM-4:00	adolescent psychiatry ages 0-19.			Insurance Plans and there's sliding Scale. <b>Payment Methods:</b> Cash, Check, Discover, Mastercard, Visa	availability
Fairview Behavioral Emergency Center  *Part of U of M Medical Center (which used to be called Fairview Riverside)	612-672-6600	Adolescent inpatient  Go to Fairview Riverside Hospital (2450 Riverside Avenue) to the ER, preferably around noon. ER will refer to BEC (Behavioral Emergency Center). At BEC they will do an assessment and either send to inpatient hospitalization or community referrals.		Can provide interpreter	Take most insurance	Taking new patient but needs to come in through Emergency Room.
HCMC Acute Psychiatric Services	612-873-3161	Psychiatric emergency services. In an emergency situation, such as behavioral or psychiatric emergency in the home or school, APS can intervene and assess for hospitalization. However, HCMC does not have an inpatient unit for adolescents, so adolescents are better served at other hospitals.	Emergency or crisis assessment  Medication check for patients who run out. M-F 7AM-2PM.	Can provide interpreter	Take most insurance.	Taking new patient , Emergency intervention only.
HCMC Outpatient Child Adolescent Clinic	612-873-2617  612-873-3000	Provide psychology and psychiatry. For psychiatry, need referral from medical doctor	Psychological testing, Neuropsych evaluations,	Provide interpreters	Take most insurance. Need pre-	Not accepting new patients at this time

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	Financial Counselor	within HCMC. For psychologist, patient can call on own behalf or outside referrals.	Learning disability		authorization. Out of pocket for uninsured, due at the time of service. May qualify for programs.	
Headway Emotional Health Services	763-746-2411 Intake  Monday- Friday 7:30AM-4:00	General outpatient therapy and counseling for children and teens who are depressed, have neurological or behavioral issues, have been sexually or physically abused or neglected, or have severe mental health issues.	Psychological evaluations, psychosexual evaluation and IQ testing.	English & interpreter service	Accept most insurances. Sliding fee scale based on tax return.	Wait time for Child and adolescent psychiatry is about 1 week out. Medical Clinic is booked until September.
Hennepin County Mental Health Center	Scheduling 612-596-9438 x3  Intake Child Coordinator 612-595-0828  1801 Nicollet Ave S Minneapolis	Psychiatric providers. Medication management. Therapy. Kids under 18. Hennepin County residents only.	Dr. Litak Dr. Bergh  Dr. Mary Marth, supervisor (questions about testing)	English only on staff. Can request an interpreter.	Do not take private insurance. Take county insurance (MA, UCARE, PMAP). Sliding fee scale for uninsured.	Taking new patient Child and adolescent.  2 child psych providers and 5 psychologist
Nystrom and Associates	Apple Valley 952-997-3020 Eden Prairie 952-746-2522 Woodbury 651-714-9646 New Brighton	Psychiatry for children and adolescents.  Eden Prairie services children 10+.	Psychological testing to confirm diagnosis. Neuropsych testing offered at Eden Prairie.	Can request interpreter.	Take most insurance. Discounted private pay for uninsured.	All locations are accepting new patients. Wait time is 1-5 months. Call individual offices for wait time.

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	651-628-9566					
Outreach Counseling and Consulting Services	651-481-0664 4105 Lexington Ave N Suite 230 Arden Hills MN 55126 <a href="mailto:occs@outreachcounseling.com">occs@outreachcounseling.com</a>	Individual counseling to children and adolescents ages 6-18.	Psychological evaluations ADHD Developmental, mental health, or personality problem	Can request Interpreter.	Most insurance accepted.	Wait time is about a 2-3 weeks.
Prairie Care	888-977-2474 952-334-7755 Edina, Woodbury, Maple Grove	Psychiatric diagnosis assessment and treatment, medication evaluation and treatment. Patient can call on own behalf. Free evaluation for inpatient hospitalization.	Psychological testing, Neuropsych testing, Evaluation for medication, General mental health or crisis assessment	Interpreters upon request.	Accept most insurance. Financial assistance for uninsured.	Patients may need to be approved by provider. Psych testing-2 -3 months out. Neuropsych-3 months out. Medication evaluation-3 months. Basic mental health or crisis assessment— within few days.
Regions Hospital/ Health Partners Behavioral Health	651-254-3456	Adult psychiatrist (18+) Outpatient. Appointment based. Clinics and providers throughout the Twin Cities. Each provider has a different practice.	Each provider offers different testing.	English, Interpreter service	Accept most insurance except UCare. Sliding fee scale for uninsured.	Taking new patient
United Hospital Child-Adolescent	651-241-8000 651-241-8565	Inpatient: 15 bed for 12-18 years old (must	Psychological Testing BECK depression	English & Interpreter	Take most insurance.	Assessment and referral

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Psychiatry Inpatient (part of Allina Health)		be in high school). All admissions go through Emergency Rooms after mental health assessment is done.	inventory MAPI or MMPIA  Two psychologists who can come to do neuropsych and ADHD	service	Work with uninsured. Service to help apply for medical insurance. Help apply for emergency medical assistance if uninsured.	completed in Emergency Room. Inpatient depends on bed availability; can be in ER waiting for bed.
United Hospital Child-Adolescent Psychiatry Partial (part of Allina Health)	651-241-5666 651-241-8565 651-241-8900	Partial Program: Short stay, general psychiatric program serving teenagers 12-18 years old. 18 slot program. About three weeks, Monday-Friday, 8am-4pm. Considered a step down from inpatient or as prevention before inpatient. Sent with 30 day supply of medication upon completion.	Full battery of tests if needed (MAPI, MMPI-A, MACI)	English	Most insurance accepted.	Intake process to see if patient is appropriate; 1 hour. Admitted to program. No wait list at this time.
U of M Physicians Clinic: Pediatric Neural Sciences	612-626-3606	Medication management. Pediatric neural psychology. Autism clinic. One developmental pediatrician. All patients need referral from medical doctor.	Neuropsych testing, Developmental testing	Patients can request an interpreter	Financial counselor Robert Obrien 763-782-6532 Offer 20% discount due at time of service for uninsured. Accept most insurance.	Testing booking in January. Autism, 4 and under is 6-9 months. Autism, 5 and up is 13 months out.
University of Minnesota Clinic	612-273-8710 intake 763-782-6532 billing	Psychiatry for children and adolescents.	Dr. Wozniak Neuropsych testing	English Spanish	Billing 763-782-6532	Wait time between 3



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Psychiatry Clinic	<a href="http://www.umphysicians.org/Clinics/psychiatry-clinic/index.htm">www.umphysicians.org/Clinics/psychiatry-clinic/index.htm</a>		(e.g. ADHD, anxiety); patients will be interviewed for 30-90 minutes; previous testing and school records reviewed; tests given may include paper and pencil, puzzles, memory games, and/or computerized tests	Russian Somali	Most insurance accepted. Out of pocket for uninsured, no sliding scale.	weeks out. Referrals from Fairview or U of M medical center only.
Washburn Center for Children	612-871-1454 Psychiatry for South Minneapolis clinic only, 2430 Nicollet Ave S. Intake coordinator <a href="mailto:mairriess@washburn.org">mairriess@washburn.org</a>	Psychiatric services only if a Washburn therapy client. Both psychiatrists work part-time. Schedule during business hours.	No neuropsych. No psycho-sexual. Basic psychiatric assessment to provide a diagnosis and treatment.	English and Arabic  Interpreter upon request	Accept most insurance.	Must be Washburn therapy patient to be referred to psychiatry.

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### Child and Adolescent Hotlines & Referral

Bridges for Youth	24 hour hotline 612-377-8800
Casa de Esperanza	Crisis line 651-772-1611
Crisis Connection	24 hour hotline 866-379-6363
Front Door Access	612-348-4111
Hennepin County Children's Mental Health Collaborative	<a href="http://www.hccmhc.com/community-resources/">http://www.hccmhc.com/community-resources/</a>
Hennepin County Suicide Prevention	24 hour suicide prevention hotline 612-873-2222; Crisis intervention and referral for psychiatric emergencies 612-873-3161

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### Child and Adolescent Psychology, Therapy, or Counseling

Children's Clinic of Psychology	612-813-8455 Kristin, Intake Coordinator	Therapy	Testing offered			Taking new patients.
Children's Hospital Minneapolis	612-813-6224 612-813-8455 Kristin, Intake Coordinator	Psychology, individual therapy 0-18 years old. Parents call directly.	Neuropsychological evaluations. ADHD and Learning Disability evals.			
CLUES	612-746-3500	Therapy for 0-adulthood.	Will offer testing in June 2014 for ADHD, IQ and cognitive testing.	Spanish	Accept most insurance. Sliding scale available for insure families.	Taking new patients. Wait time is within a week 2-3.
Lutheran Social Service Counseling and Support Services	Multiple locations: Coon Rapids, Minneapolis, St. Louis Park, St. Paul, Eden Prairie 888-881-8261 <a href="http://www.lssmn.org/counseling/psychiatricservices">www.lssmn.org/counseling/psychiatricservices</a>	Counseling services for children over 3 years of age and adolescents. Play therapy	No testing	Interpreter services are not available.	Accept most insurance.	Taking new patients. Wait time is within a week.
Ridgeview Medical Center	952-361-2476 press 2 to talk to Angie, intake coordinator	Two pediatric psychologists for Child Psychology offered through Pediatric Integrative Medicine.			Accept most insurance	Booked until June.

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	212 Medical Center 111 Hundertmark Rd, Chaska MN					
St. David's Center	952-548-8700	Family and individual therapy  Mental Health skill training available for MA clients.	Psychological & Neurocognitive Testing (6 and under). Speech & Language Therapy Evaluation and occupational Therapy Evaluation	Spanish interpreter available, all other languages are per request.		2 month wait
University of Minnesota Psychiatry Clinic (psychology)	612-273-8700	Pediatric psychology and psychiatry: Dr. Anju, Dr. Bernstein, Dr. Cullen, Dr. Jensen, Dr. Piehler	Psychological testing ADHD Neuropsych testing	Interpreter services available	Accept most insurance. Financial Counselor.	Taking new patients. Wait list generally weeks to months depending on age and what's going on with pt.
Walk-In Counseling Center	612-870-0565 <a href="http://www.walkin.org">www.walkin.org</a> Mon, Wed, Fri 1pm-3pm Mon-Thur 6:30-8:30pm	Provides same day, walk-in counseling services for free for children and adolescents.			Free.	Walk-in. First come, first serve.